



The Language Gallery Canada is excited to welcome you to Canada! To reduce the risk of infection and transmission of COVID-19, it is mandatory you undertake a 14-day quarantine period immediately upon your arrival to Canada.

Please review this checklist carefully so you are aware of your responsibilities. Not following proper Government of Canada protocols may result in being denied entry into the country and government authorities may also fine students for non-compliance in certain situations.

TLG will provide support for all quarantined individuals throughout the 14-day period, including, but not limited to: food, medical care, other necessities of life, so no individual will be required to break quarantine at any point.

If you have any questions about this quarantine plan or if you need further assistance, kindly email [canada@thelanguagegallery.com](mailto:canada@thelanguagegallery.com), and we'd be happy to help!

## PRIOR TO LEAVING YOUR COUNTRY:

- Confirm if your required courses will be offered online or on campus.
- Review the current travel restrictions before booking your flight to Canada.
- If you are eligible to travel, then you need to prepare proof that you're entering for an essential purpose.

## ESSENTIAL QUESTIONS TO REVIEW AND ANSWERS FOR YOUR QUARANTINE PLAN:

1. Have I selected and booked one of the quarantine accommodation options provided by TLG (including food, medication, cleaning supplies)?
2. Do I have a confirmed transportation to the self-isolation location arranged by TLG?
3. Have I confirmed separate housing facility for my co-arriving family who is over 60 years old or is considered vulnerable?

## PERSONAL INFORMATION

### New or Returning Student

- I am a new international student
- I am a returning international student
- I am a new domestic student (Canadian Citizen)
- I am a returning domestic student (Canadian Citizen)

**First Name** \_\_\_\_\_

**Last name** \_\_\_\_\_

**Date of Birth** (MM/DD/YYYY) \_\_\_\_\_

**Country of Origin** \_\_\_\_\_

**Phone number** \_\_\_\_\_

**Passport number** \_\_\_\_\_

**Date study permit approval letter was issued** (MM/DD/YYYY)  
\_\_\_\_\_

**TLG Student Number** \_\_\_\_\_

## TRAVEL INFORMATION

**Arrival Date to Canada** \_\_\_\_\_

### Port of entry into Canada

- Air
- Sea
- Ground Transportation

**Airline / Flight Number** \_\_\_\_\_

## QUARANTINE PLAN

Please ensure you select one of the quarantine accommodation packages listed on page 3 of this checklist.

### Have you booked an accommodation option where you can quarantine for 14 days?

- Yes
- No

### Do I need accessible accommodation arrangements (disability, vulnerability or any other needs)?

- Yes
- No

## CONFIRMATION

Please confirm that you have read, understood and are aware of the following:

### I CONFIRM THAT THE FOLLOWING CAN BE PROVIDED BY THE QUARANTINE SITE:

- I confirm that I am entering Canada with medical insurance that provides coverage for COVID-19 during the mandatory quarantine upon entry period.
- I will have access to phone and/or internet to keep in touch with student services.
- I have planned financially to support the cost of quarantine (meals, food, potential medical expenses) for 14 days in Canada prior to my academic start date.
- I have access to needed toiletries, linen, cleaning supplies, other basic needs.
- 3 meals per day, delivered to my room provided by my quarantine accommodation.

### QUARANTINE PLAN

- I have read, understood and I am aware of the requirement to comply with the Government of Canada's Quarantine Act, including being aware of the penalties for violation of the Quarantine Act.
- I agree to comply with the requirements laid out in the COVID-19 Student Guide and follow the public health requirements for self-isolation.
- I have completed the Student Quarantine Plan and have submitted it to TLG's Student Services and printed it for presentation at my port of entry. Additionally, I have registered via the ArriveCAN App.
- Throughout the quarantine, I will continue to self assess for COVID-19 symptoms using the **ArriveCAN App**.
- Upon my arrival to my quarantine location, I will contact TLG Canada to let them know I am in mandatory quarantine, and have arrived from outside the country within the last two weeks. I will contact them immediately if I develop COVID-19 symptoms.
- I will arrange to have a mandatory COVID-19 test done on day 14 of quarantine. You can have tests done at the William Osler Health System Brampton & Humber College locations and Michael Garron Hospital.
- A COVID-19 test is mandatory. I confirm to follow the arrangements made by TLG to have my COVID-19 test done on day 14 of the quarantine. COVID-19 Assessment centre locations are provided in the COVID-19 Student Guide.
- I confirm to follow the arrangements made by TLG for private transportation to and from the COVID-19 Assessment Centers for all newly arrived students. TLG Student Services will contact students prior to day 14 of quarantine for booking transportation on day 14 of quarantine. All vehicles have masks available if required, as well as cleaned thoroughly on a regular basis. No other stops will be made on this day, only the COVID-19 Assessment Center, and students will be required to wear a face-covering or mask the entire trip.
- I confirm that I am responsible for any costs related to medical coverage, including COVID-19 related emergencies and testing.

### PLEASE CONFIRM THAT YOU UNDERSTAND AND AGREE WITH THE FOLLOWING:

- I confirm I have answered all questions honestly and accurately.
- I confirm that I have read, understood and I am aware of the importance of the quarantine procedure upon arrival to Canada, and will follow all criteria provided in this document as well as all requirements provided by the Government of Canada, for a full 14 days.
- I am aware of the requirement to comply with the Government of Canada's Quarantine Act, including the penalties of violation of the Quarantine Act, which include up to 6 months in prison and/or \$750,000 in fines.

## QUARANTINE ACCOMMODATION OPTIONS

PLEASE SELECT ONE OF THE FOLLOWING OPTIONS:

### HAMPTON INN & SUITES BY HILTON TORONTO AIRPORT

3279 CAROGA DR, MISSISSAUGA, ON L4V 1A3

#### International Student 14-Day Quarantine Package includes:

- Standard room with a private bathroom
- A meal package with 3 meals per day
- 55 inch TV, mini fridge, coffee maker
- Complimentary high speed internet
- Housekeeping services will be provided with fresh linens delivered to the door upon request
- All dietary restrictions accommodated with advance notice

#### Transportation:

Transportation from the airport or your port of entry to the hotel accommodation will be arranged by TLG through the Fivestar Agency. The transportation service will ensure students go directly to their accommodating safely. Students must wear a mask or face covering while in transit. The ride will cost \$45 from the airport to the hotel accommodation.

#### Price:

Total 14-day room + meal package cost = \$1,560.72 (CAD)

#### For reservations:

- [Click here for online booking option](#)
- To book, students can call +1 (905) 671 4730 and quote "The Language Gallery Canada"

### FAIRFIELD INN & SUITES BY MARRIOTT TORONTO AIRPORT

3279 CAROGA DR, MISSISSAUGA, ON L4V 1A3

#### International Student 14-Day Quarantine Package includes:

- Standard room with a private bathroom
- A meal package with 3 meals per day
- 55 inch TV, mini fridge, coffee maker
- Complimentary high speed internet
- Housekeeping services will be provided with fresh linens delivered to the door upon request
- All dietary restrictions accommodated with advance notice

#### Transportation:

Transportation from the airport or your port of entry to the hotel accommodation will be arranged by TLG through the Fivestar Agency. The transportation service will ensure students go directly to their accommodating safely. Students must wear a mask or face covering while in transit. The ride will cost \$45 from the airport to the hotel accommodation.

#### Price:

Total 14 day room + meal package cost = \$1,560.72 (CAD)

#### For reservations:

- [Click here for online booking option](#)
- Call +1 (905) 671 4730 and quote "The Language Gallery Canada"

## HOLIDAY INN TORONTO DOWNTOWN CENTRE

30 CARLTON ST. TORONTO, ON M5B 2E9

- Daily Breakfast, Lunch, & Dinner delivered to room included in rate
- Wireless internet, mini-fridge, phone line with voicemail and local calls included
- Discounted snack menu (for purchase) delivered to room
- Daily garbage removal and amenities on request
- Terms: No contact stay, Enhanced guestroom cleaning procedure pre-arrival,
- Minimum stay 14 days, 24-hour cancellation policy, credit card required to book,
- Room type on request, and room includes private bathroom

### Transportation:

Transportation from the airport or your port of entry to the hotel accommodation will be arranged by TLG through the Fivestar Agency. The transportation service will ensure students go directly to their accommodation safely. Students must wear a mask or face covering while in transit. The ride will cost \$45 from the airport to the hotel accommodation.

### Price:

Total 14-day room + meal package cost = \$1,645.28 (CAD)

### For reservations:

- [Click here for online booking option](#)
- To book, students can email: [reservations@hitorontodowntown.ca](mailto:reservations@hitorontodowntown.ca) and mention "The Language Gallery Canada Quarantine Rate" in subject line or body of email.

## DOUBLETREE BY HILTON HOTEL TORONTO AIRPORT WEST

925 DIXON RD, TORONTO, ON M9W 1J8

- Standard room with private bathroom
- Daily Breakfast, Lunch, & Dinner delivered to room included in rate
- Wireless internet, mini-fridge, phone line with voicemail and local calls included
- Amenities on request
- Minimum stay 14 days, 24-hour cancellation policy, credit card required to book

### Transportation:

Transportation from the airport or your port of entry to the hotel accommodation will be arranged by TLG through the Fivestar Agency. The transportation service will ensure students go directly to their accommodation safely. Students must wear a mask or face covering while in transit. The ride will cost \$45 from the airport to the hotel accommodation.

### Price:

Total 14-day room + meal package cost = \$2,098.28 (CAD)

### For reservations:

- To book, students can email: [valentino.d'souza@hilton.com](mailto:valentino.d'souza@hilton.com) and mention "The Language Gallery Canada" in email.
- To book, call: (905) 624-1144 and quote "The Language Gallery Canada"

## MORE INFORMATION

**Mandatory quarantine or mandatory isolation  
For travellers without symptoms of COVID-19 returning to Canada  
Coronavirus disease (COVID-19): Travel restrictions, exemptions and advice  
For travellers with COVID-19 symptoms returning to Canada**

## SUBMISSION

It is compulsory for you to complete the TLG Quarantine Plan form and submit it to [canada@thelanguagegallery.com](mailto:canada@thelanguagegallery.com) prior to departing your home country.